



# DIABETES EDUCATION

## O'Fallon Class Schedule - Nov. 2020 - Jan. 2021

Cost of classes varies. Please ask for additional information.

### **FREE Comprehensive Diabetes Education Morning Sessions**

**Wednesdays 9 a.m. - 12:30 p.m.**

- Nov. 18    - Dec. 9
- Jan. 13

### **Afternoon Sessions**

**Wednesdays 12:30 - 4 p.m.**

- Dec. 30    - Jan. 27

### **FREE Real-World Diabetes Education Class**

Must attend Comprehensive class prior to registering for Real-World.

### **Morning Sessions**

**Tuesdays 10 - 11:30 a.m.**

- Dec. 15

### **Afternoon Sessions**

**Tuesdays 2 - 3:30 p.m.**

- Jan. 19

### **Interested in attending?**

To register, please call 217-787-8870, or register online at [HSHSMedicalGroup.org/Joslin](https://HSHSMedicalGroup.org/Joslin).

Our educators are also available for individualized counseling for diet, medication administration and initiation and troubleshooting of devices (glucose monitors, insulin pumps, CGMs, sensors). Call for details.



**Joslin Diabetes Center**  
*Affiliate at HSHS Medical Group*

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[HSHSMedicalGroup.org/Joslin](https://HSHSMedicalGroup.org/Joslin)